

**Are you
Videoconference
Ready?**

BCI Buzz

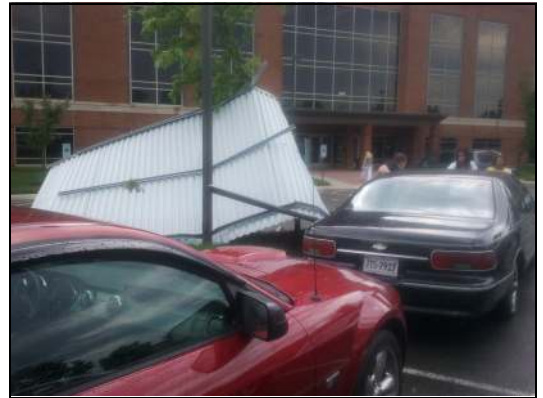
Tornado Hits Innsbrook

If you were to ask most business executives to name two benefits to video conferencing, you would almost certainly hear the terms “less travel” and “lower costs” used to describe the benefits of this technology.

In a recent study with over 250 participants, almost every single video conferencing user said that the technology saved them at least two hours of work each week. In fact, this was the answer of 90 percent of all workers involved in the study. In addition to the time savings, 70 percent of employees also reported that video conferencing helped them to improve their work-life balance, while 71 percent also stated that they felt using this type of communication helped to bring people closer together in a business setting. 67 percent of respondents confirmed the latter point by stating that video-conference also improves group collaboration.

Traveling has become more than a loss of time and productivity but a real financial burden and with more additional charges being added by the airline and no ease of it in sight, maybe this is the time to take a look at videoconferencing.....again.

There is a new way of doing business and BCI can help.



When the Tornado hit Innsbrook last week and the primary network service failed due to the loss of electricity, BCI’s generator ready building was one of the very few buildings in Innsbrook with electricity.

The importance of being in a ‘generator ready’ building became apparent when the violent thunderstorms tore through central Virginia, Monday afternoon, toppling trees onto homes and power lines.

The storms sent Innsbrook workers scurrying into stairways and basements and left more than 148,000 Dominion Virginia Power customers blacked out in the late afternoon. The National Weather Service called it “ a massive wind event” that rolled basically along Interstate 64, through downtown Richmond and on to southeast Virginia.

If you were a BCI tenant, our backup generator provided you with minimum disruptions of business operations protecting your data and your equipment. We are not looking for any excitement of this nature, but is good to know that if and when the storms come, BCI will be ready!



BCI'S NEWEST CLIENTS

THE LAW OFFICE OF TANIA J. STARK, PLLC



The Law Office of Tania J. Stark, PLLC. is dedicated to providing personal, effective and affordable criminal defense and family law representation in the Metropolitan Richmond Area.

Ms. Stark is a former New York City prosecutor and has handled hundreds of cases from simple misdemeanors to violent felonies. This experience puts her in a unique position to defend individuals against criminal accusations and to ensure their rights are protected. She currently represents individuals charged with misdemeanors, felonies, driving while intoxicated and traffic violations. Ms. Stark has also been qualified by the Virginia Indigent

Defense Commission to serve as court appointed counsel for indigent defendants.

Since her admission to the Virginia Bar, Ms. Stark has volunteered at the Central Virginia Legal Aid Society representing indigent clients in various Family Law matters, including divorce, child custody, child support and protective orders.

Ms. Stark is a solo practitioner who prides herself in giving her clients the personalized service they deserve, as well as being accessible and responsive to her clients. Consultations for criminal law and traffic matters are free and consultations for family law matters are offered at reduced hourly rates. For more information visit www.tjslegal.com or call 804-223-0141.



JULY

Woody Price 7/2

Shekhar Sharma 7/5

Naveed Arshad 7/12

Steve Push 7/29

AUGUST

Sherri Cline 8/11

Dave Peschio 8/11

Swathi Kudithipudi 8/212

Wayne Coble 8/16

Pam Thomas 8/21

Dwayne Green 8/26

Chris Burrows 8/30

SEPTEMBER

Marvin Thompson 9/9

Bob Hines 9/12

Ryan Shoemaker 9/20

Leslie Owens 9/23

ONLC TRAINING CENTER

Over 28 Years of Computer Training Experience

ONLC Training Centers was founded in 1983 when Jim Palic and Andy Williamson left their positions as main-frame programmers with the Dupont Company to start one of the industry's first computer

training companies.

Today, ONLC Training Centers has grown to be one of the largest privately held IT training companies in the USA, delivering training at our more than 300 locations coast to coast. We are a well-run closely held corporation with abso-

lutely no debt; our national expansion has been financed internally. You can be certain that when you pay ONLC for training we will deliver.



Pontius' Puddle



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